

Chemical Peels by Application

Peel Type	AHA Peels REFINITY	BHA Peels β-LIFTx®	Jessner Peels	TCA Peels – Low Concentration - 35%	TCA Peels – High Concentration	Phenol Peels
Alternate Name	Glycolic Acid	Salicylic Acid Peel	Salicylic/Lactic Acids/ Resorcinol	Trichloroacetic Acid	Trichloroacetic Acid	Croton Oil Peel
Exfoliation	Good Improvement	Some Improvement	Good Improvement	Little Improvement	Little Improvement	Good Improvement
Fine Lines	Some Improvement	Little Improvement	Good Improvement	Little Improvement	Moderate Improvement	Good Improvement
Acne/ Clogged Pores	Some Improvement	Good Improvement	Good Improvement	Little Improvement	Little Improvement	Good Improvement
Acne Scars	Little Improvement	Little Improvement	Little Improvement	Some Improvement	Moderate Improvement	Good Improvement
Deep Wrinkles	Little Improvement	Little Improvement	Little Improvement	Little Improvement	Moderate Improvement	Good Improvement
Age Spots	Some Improvement	Some Improvement	Moderate Improvement	Moderate Improvement	Good Improvement	Good Improvement
Effects	1 to 3 months	1 to 3 months	1 to 3 months	3 to 6 months	Year+	Year+
Contraind'n	Accutane/Sunburn/ Cryosurgery/ Herpes/ Pregnancy	Accutane/Sunburn/ Cryosurgery/ Herpes/ Pregnancy	Accutane/Sunburn/ Cryosurgery/ Herpes/ Pregnancy	Herpes/pregnancy/ Keloids/ Accutane/ Warts/ Sunburn	Herpes/pregnancy/ Keloids/ Accutane/ Warts/ Sunburn	Herpes/pregnancy/ Keloids/ Accutane/ Warts/ Sunburn
Treatment Length	5 minutes	5-10 minutes	10 Minutes	10-15 Minutes	10-15 Minutes	1-2 hours
Treatment Frequency	2-4 weeks	4-6 weeks	4-6 weeks	2-3 Years	2-3 Years	Once
Sedation Level	None	None	None		Valium/Advil	Local anesthesia/ General Anesthesia
Risks	Low	Low	Low	Medium	High Risks	High (including Cardiac Risks)
Recovery Time	Short	Short	Short	Generally Short	Long	Long

This chart is just for informational purposes. Please consult your physician or licensed professional for guidance related to this procedure